



“The Circle of Healing” Caregivers and SHARE Atlanta Support Healing Overview of Workshop Agenda

Objectives:

- * To better understand the Grieving Process after a Pregnancy and/or Newborn Loss
- * To better support families who have lost their baby due to: ectopic loss ~ miscarriage ~ stillbirth ~ newborn death. To support “parenting” of their baby for now and forever.
- * To build relationships with others who are learning more about the Pregnancy and Newborn Loss Community's issues and needs.

Basic Outline of Program:

1. Grief Begins at the Beginning: The Many Faces of Grief

- * Brief slide presentation "Baby James" and Power Point about the Grieving Process (secondary losses; emotions; relationships) after a Pregnancy and Newborn Loss.
- * How grief after a baby dies varies from other kinds of grief.
- * “What to say/do and not to say/do” Suggestions for supportive care while parent is in the hospital. Includes suggested Perinatal Loss Checklist, Discharge List, 5 Bs’ Brochure..
- * Supporting the concept that encourages “Parenting” - encouraging the parents to love and care for their baby while in the hospital.
- * SHARE Atlanta's Parents sharing their initial journey with grief: actions and care that supported their grief so they could begin to heal.

2. The Newly Bereaved and SHARE Atlanta

- * Caregivers and SHARE Atlanta work together from the beginning to support the newly bereaved parent.
- * Brief movie “Moma” shows “parenting” of baby in the hospital. These memories and mementos continue to aid the grieving process so healing will gradually happen.
- * Power Point with pictures that highlight what SHARE Atlanta provides for parents. Materials handout with price list.
- * Information about the Certificate of Birth Resulting in Stillbirth (CBRS) with letter.
- * SHARE Atlanta's Parents sharing their journey with grief after the initial few days and what helped them to heal.

3. Drawing of Door Prizes (5Bs’ Gift Packets) from SHARE Atlanta.

Additional Information: (Representatives of SHARE Atlanta will be at their display before and after our program)

- * SHARE Atlanta's Handouts highlighting each session's topic.
- * A Display and Information Board about SHARE Atlanta

“Circle of Healing Program” power point and written materials by Marcia McGinnis

For SHARE Atlanta: Pregnancy and Newborn Loss Grief Support

Since 1984

The love stays..forever in our hearts.

Marcia McGinnis 2005